

# ***Hey Super Kids!***

In October, we will be learning about our bones, how they work, and how to keep them strong! Bones are so important and we want to make sure we keep them strong for a long time. We have bones ALL throughout our bodies; big, small and some in between!

**SUPER Kids are  
SUPER smart  
SUPER strong  
SUPER kind  
GO SUPER KIDS!!**

# **SUPER KIDS**

Your music and  
movement  
Teachers will be...

Pre-K  
**SUPER (Miss) Nat**

Preschool  
**SUPER (Miss) Stephanie**

## ***Super October:***

- **Singing songs**
- **Throwing and catching**
- **Playing group games**
  - **Parachute games**
  - **Balancing**
  - **Balloon games**